2024 MID-ATLANTIC CONFERENCE 12th ANNUAL CURRENT CONCEPTS IN VASCULAR THERAPIES

Hilton Virginia Beach Oceanfront Virginia Beach, Virginia







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Sentara Vascular Specialists

April 20th 2024

<u>CEA, TF CAS & TCAR are Clinically Equal and</u> <u>CMS Decision to Deregulate was Correct</u>



Disclosures

Disclaimer

I perform more CEA than CAS

NEVERTHELESS

My goal is to convince everyone today that CAS (TCAR) is <u>NON-INFERIOR</u> to CEA

Outline

Overview
 CEA vs TF CAS vs TCAR
 Literature Review
 Head to Head Results



Carotid Endarterectomy - CEA

- First successful CEA was performed by Dr. Michael Debakey in 1953
- However first published report of CEA was in 1954 by Eastcott
- <u>NOTHING</u> has changed about the surgery in the past 70yrs!



1953 Chevy Corvette



No Autopilot No Bluetooth No Navigation No Power doors No Power windows No seat warmers



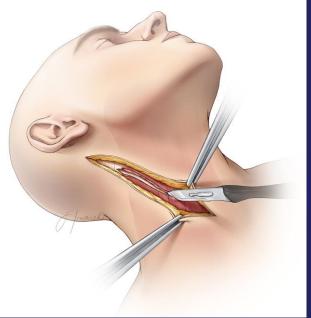


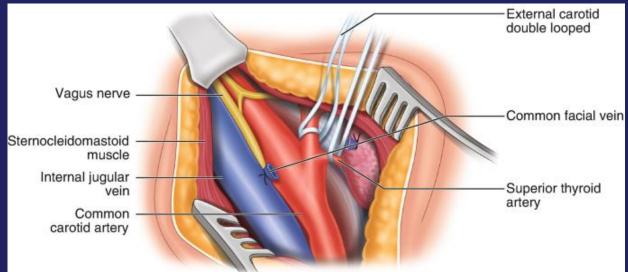
CEA Steps

- **BIG** Neck incision
- Exposure of carotid artery and mobilization of veins and nerves
- Arteriotomy and +/- Shunting
- Plaque removal
- Closure with patch

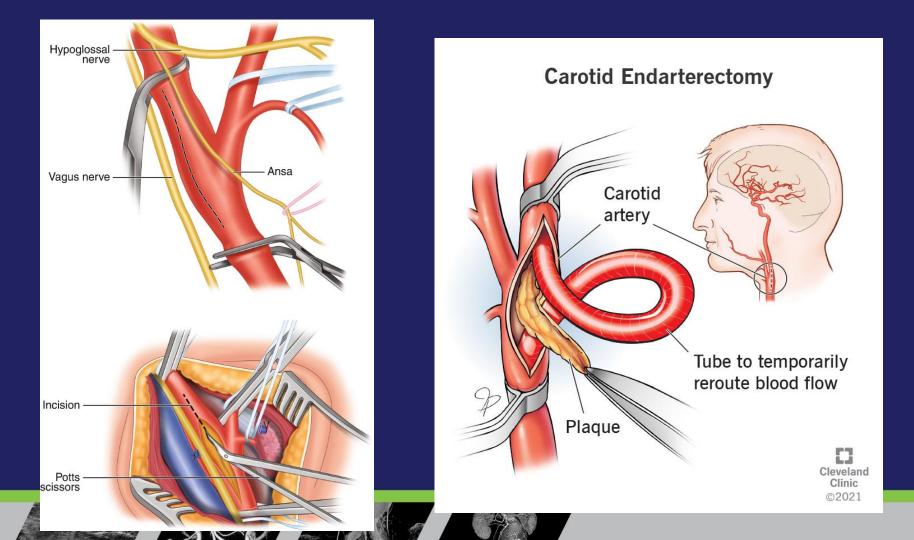


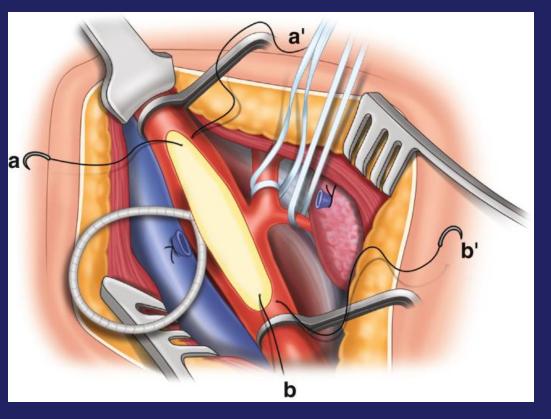
CEA Steps

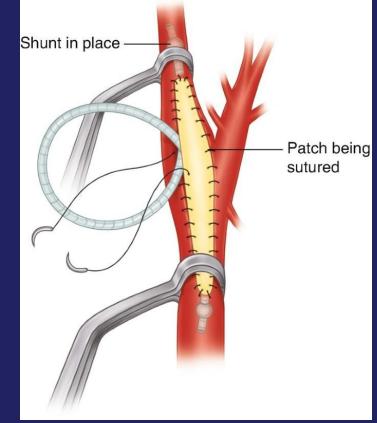






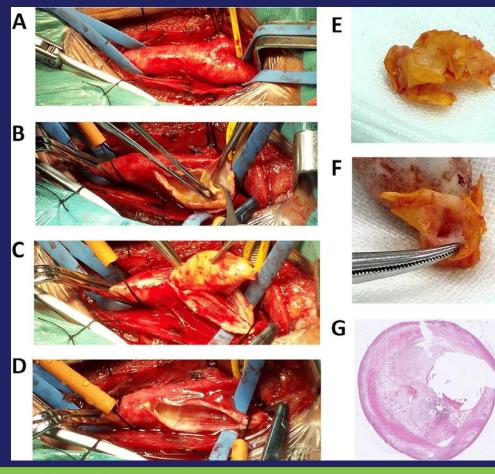












Complications of CEA

- 1. Stroke risk
- 2. Myocardial infarction
- 3. Nerve Injury
- 4. Infection
- 5. Bleeding/Hematoma
- 6. Clamp injury
- 7. Dissection from shunt placement



TF CAS - TransFemoral CA Stenting In 1981, Klaus Mathias performed the first carotid artery balloon angioplasty

- Several complications elastic recoil, dissection, plaque embolization
- Procedure abandoned
- In 1994 Carotid stenting became popular after favorable results in coronary interventions



1994 Chevy Corvette





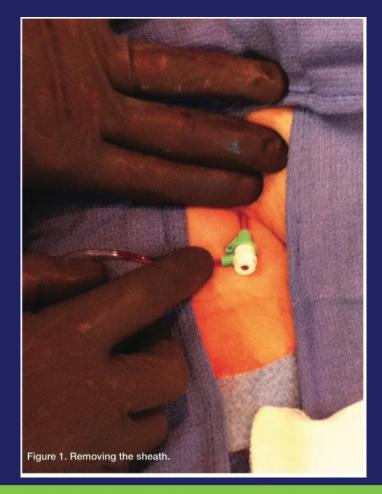
TF CAS - Transfemoral CA Stenting Indications:

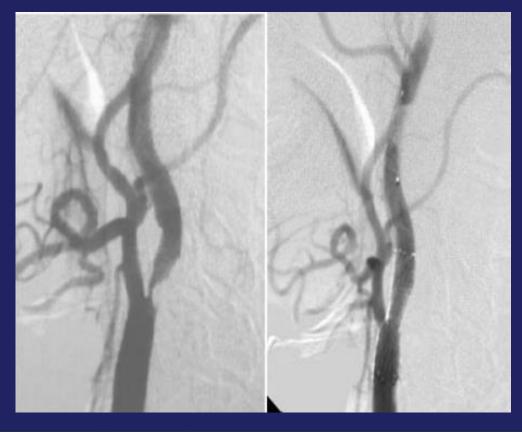
- High surgical risk patients unstable angina, recent MI, severe pulmonary disease, severe CHF
- Radiated neck, Presence of tracheostomy
- Contralateral carotid occlusion
- Prior CEA with restenosis
- Anatomically inaccessible lesion



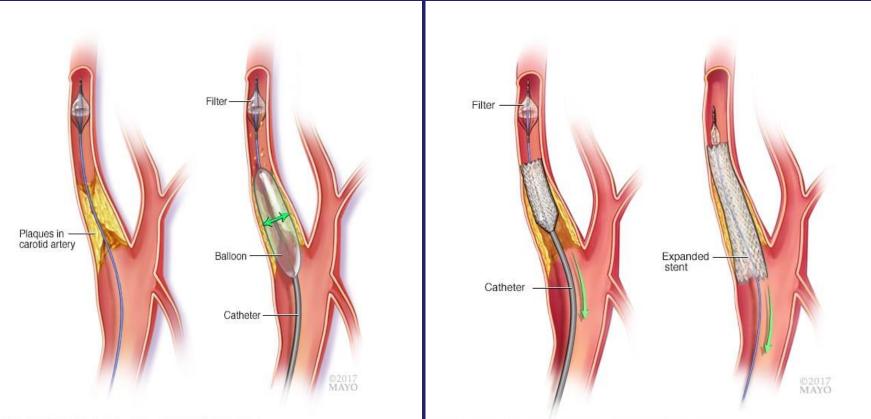
TF CAS Steps

- Ultrasound guided femoral artery access
- Arch and carotid angiography
- 6 Fr long sheath
- Wires and catheters
- EPD (Embolic protection device)
- Balloon
- Stent(s)



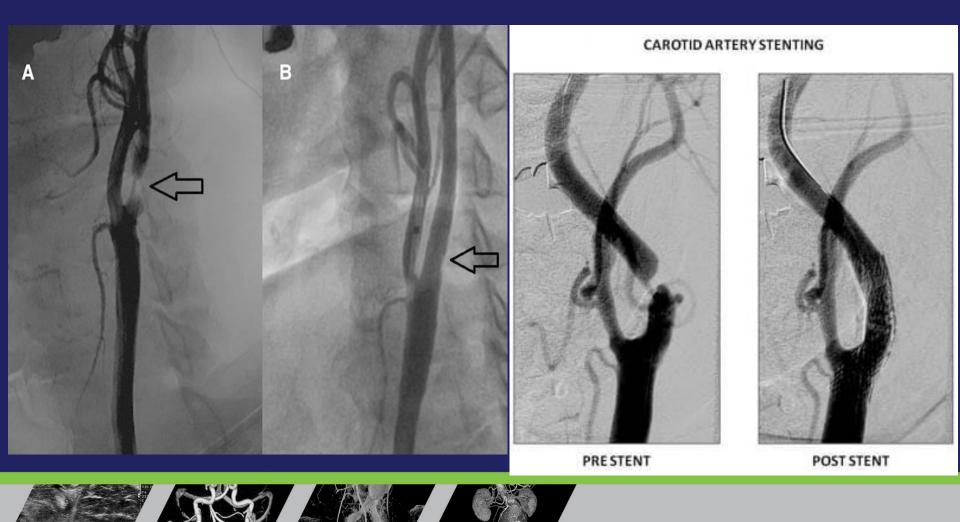






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TF CAS - Data

- CREST TRIAL <u>Carotid Revascularization</u> <u>Endarterectomy vs Stent Trial</u>
 - Started enrolling in 2000, but published in 2010
 - Prospective Randomized Multicenter trial comparing CEA vs CAS to determine superiority
 - NIH sponsored trial and Industry (Abbott)



TF CAS - Data

- CREST TRIAL <u>Carotid Revascularization</u>
 <u>Endarterectomy vs Stent Trial</u>
 - 108 Centers in USA and 8 in Canada
 - Team Surgeon, Interventionalist, Neurologist
 477 Certified Surgeons, 224 Certified Interventionalists



CREST

- 2500 patients randomized to CEA vs TF CAS
 - CEA arm were given ASA only
 - TF CAS arm were given ASA + Plavix or ASA + Ticlid for at least 30 days
 - Post procedure every patient evaluated by Neurologist for NIHSS and modified Rankin score





Primary Endpoints

 CVA, MI or death during periprocedural period (within 30 days of procedure)



RESULTS

<u>Stenting (CAS) vs. Endarterectomy (CEA):</u>

- Primary composite outcome similar in CAS and CEA
 - Periprocedurally (CAS 5.2% vs. CEA 4.5%)
 - 4-year followup (CAS 7.2% vs CEA 6.8%, p=0.51)
 - Similar results at 10 year follow-up [2].
- **Different rates of stroke and MI** in the perioperative period (within 30 days of randomization)
 - **Higher risk of stroke seen in CAS** (4.1% vs 2.3%, p=0.01)
- * Quality of life analysis showed that stroke had greater adverse effects
 - **Higher risk of MI seen in CEA** (1.1% vs 2.3%, p=0.03)

Secondary Outcomes:

- Age differences: lower risk of primary endpoint in younger patients with CAS and older patients with CEA
 - $\circ~$ crossover at 70 years old (p=0.02)
- No significant differences due to sex (p=0.34) or symptomatic status (p=0.84)
- Cranial Nerve palsy higher in CEA patients (0.3%, vs. 4.7%) * well-known complication, long-term cranial nerve deficits are rare [5].

CONCLUSIONS

- *4-year composite primary outcomes* of death, MI, or stroke were similar for both CAS and CEA.
- Higher perioperative rates of stroke in CAS patients, and higher perioperative rates of MI in CEA patients.
 - Quality-of-life analysis indicated that stroke had a more negative impact. Opportunity for improvements to perioperative safety of CAS.
- Different outcomes were also seen based on the patient's <u>age</u>.
 - CAS demonstrated better outcomes for patients <70 yo, while older patients had better outcomes with CEA. This difference was attributed to age-related vascular changes (tortuosity, calcification) [1].

LIMITATIONS

- No comparison to medical therapy (addressed in upcoming CREST-2 trial) [3].
- Use of only one stenting system (RX Acculink)
- Rigorous certification for interventionists; improved patient safety but limits generalizability to community practice

Carotid Dilemma

- CEA vs TF CAS
 - How do we decide what to do for our patient?
 - CEA has higher risk of MI
 - TF CAS has higher risk of CVA
 - Is there a way to deliver a carotid stent and keep the stroke rate low?



New Kid on the Block TCAR (TransCarotid Artery Revascularization) First introduced in US in 2012 by Drs. Criado and Chang The New Kid Combination of surgery + stent Commercially available in 2016

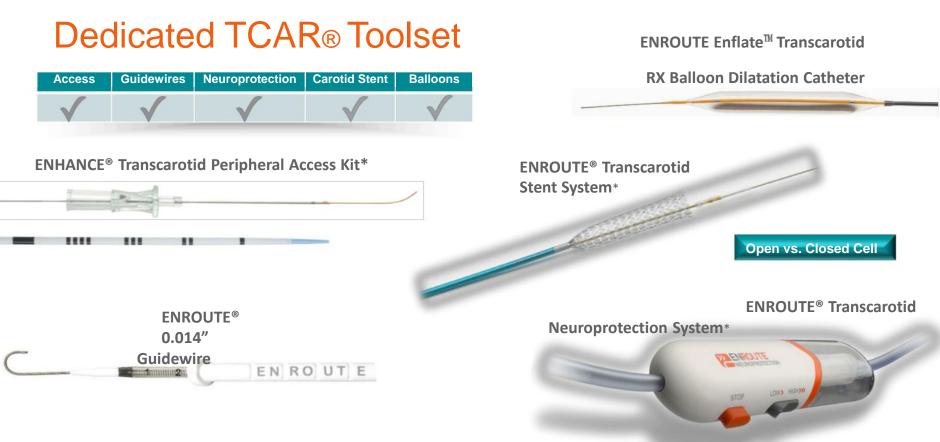
JAMES STEVENSON

2024 Chevy Corvette



TCAR Steps

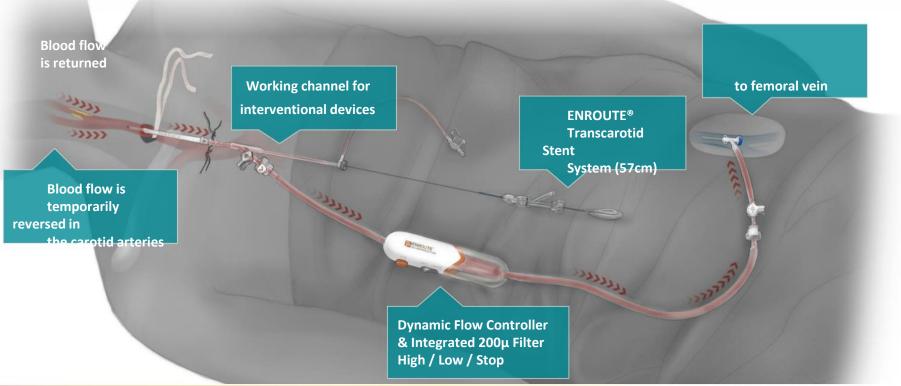
- CCA exposure at base on neck
- Percutaneous femoral vein access
- Direct sheath access into CCA
- Establish Flow Reversal
- Carotid angiography
- Balloon angioplasty (Pre-Dilation)
- Deploy Stent(s) +/- Post balloon dilatation



*FDA-cleared Transcarotid Labeling for ENROUTE® Transcarotid Neuroprotection System, ENROUTE® Transcarotid Stent System, ENROUTE Enflate¹⁷ RX Balloon Dilatation Catheter, and ENHANCE® Transcarotid Peripheral Access Kit



ENROUTE® Transcarotid Neuroprotection & Stent System



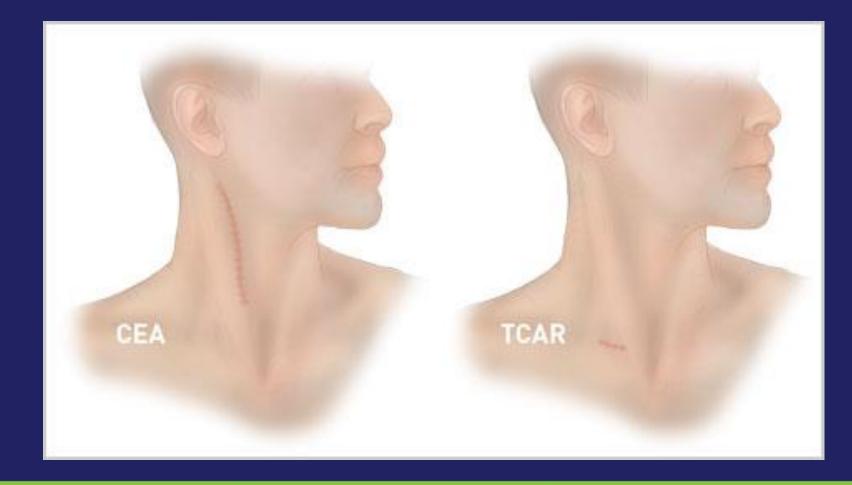


Surgically Inspired CEA-Like Neuroprotection



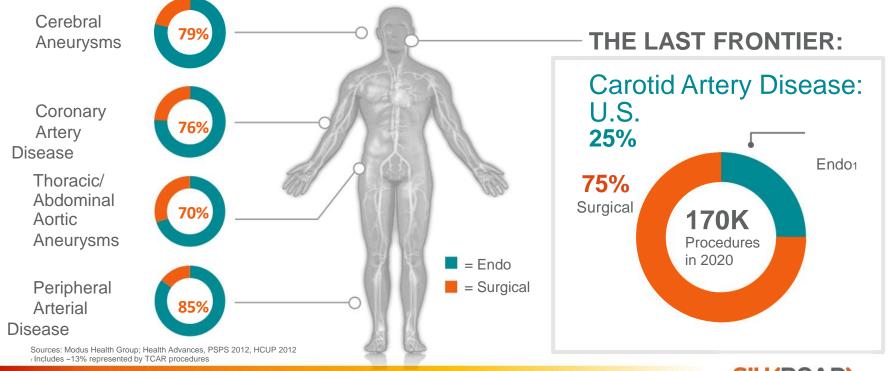






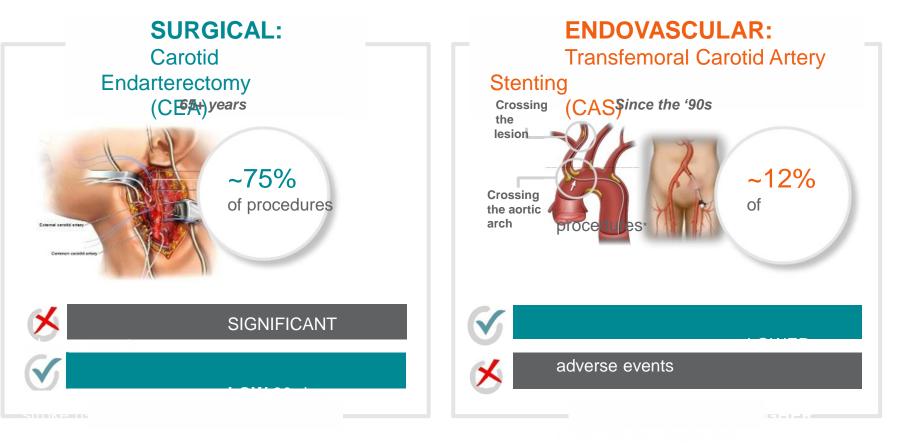


The New Normal: Endovascular Procedures Realizing the Benefits of a Less Invasive Treatment Option









ACREST Trial: Brott TG, et al. Stenting versus endarterectomy for treatment of carotid-artery stenosis. N Engl J Med. 2010 Jul 1;363(1):11-23.



SAK MEDICAL

Procedure

Source: Modus Health Group *Excludes

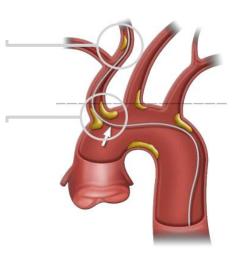
Stent Safety and Durability

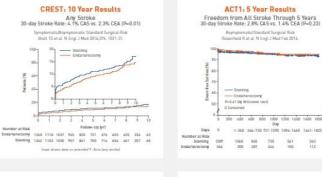
If the stent is **DELIVERED** safely, long term outcomes are equivalent to CEA

Crossing the lesion

Pitfalls of a approach

Crossing the aortic arch





P= 0.80

tan 220 sun ann sun ann 720 min won even ton

flow after initial Prevadure

135 128 111 103 87 77

111

Number at Risk

Endarteraciomy 344

Stenting 347 154

SAPPHIRE: 3 Year Results

30-day Stroke Rate: 3.8% CAS vs. 2.7% CEA

Asymptomatic/Symptomatic High Surgical Risk

Gurm HS at al. N Engl J Med 2008,258. 1572-9.

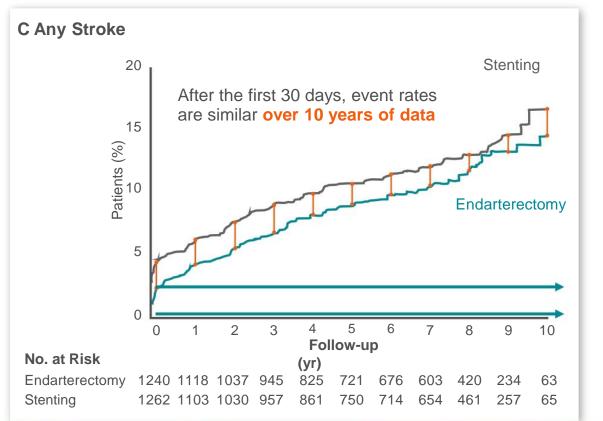


1200 1400 1400 1800

Brott TG, Calvet D, Howard G, et al. Long-term outcomes of stenting and endarterectomy for symptomatic carotid stenosis: proplanned pooled analysis of individual patient data. Lancet Neurol. 2019;18(4):348-356



CREST (10 Year Data)



Opportunity:

Combine low stroke rates with benefits of a less invasive procedure

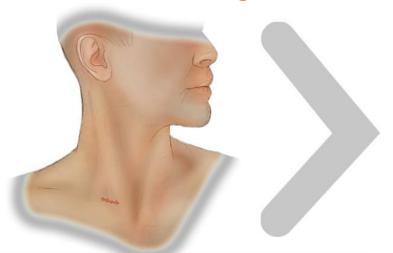
TCAR is the solution that combines low periprocedural stroke rates with benefits of a less invasive procedure

Re-Intervention Data

Brott TG, et al. Long-Term Results of Stenting versus Endarterectomy for Carotid-Artery Stenosis. *N Engl J Med.* 2016;374(11):1021-1031.



TCAR Paradigm Shift: Transcarotid



The TCAR® System combines advantages from both worlds: surgical principles of

> neuroprotection and game-changing endovascular technology



Minimally Invasive

Avoids Aortic Arch

High Rate Flow Reversal Neuroprotection

Avoids Cranial Nerve Plexus



Accurate stenting



The Less Invasive Standard in Stroke Prevention

Benefits of a less invasive approach to carotid revascularization*

		Significantly Favors CEA	Significantly Favors TCAR
In-Hospital VQI	Stroke	e	0
Outcomes	Death	e	8
Benefit		Significantly Favors CEA	Significantly Favors TCAR
Less Risk of MI			\bigotimes
Less Risk of Cranial Nerve Injury			\bigotimes
Less Time in OR			\bigotimes
Shorter Length of Stay			\bigotimes
Less Risk of Blee Intervention**	ding requiring		\bigotimes

Malas MB, et al. TransCarotid Revascularization with Dynamic Flow reversal versus Carotid Endarterectomy in the Vascular Quality Initiative Surveillance Project. Ann Surg. 2020 Sep 15. doi: 10.1097/SLA.00000000004496. Epub ahead of print.

*Patients matched based on symptomatic status, age, CAD, CHF, COPD, CKD, prior ipsilateral CEA, prior ipsilateral CAS, contr alateral occlusion, ASA Class and statin use **With use of Protamine



TCAR Incision



CEA Incision





The Less Invasive Standard in Stroke Prevention

Procedure Time¹ TCAR: 73 Minutes vs CEA: 121 Minutes

Operating Room Efficiencies

	TCAR	CEA
OR Time (minutes)	73	121
Cost per minute*	\$37	\$37
Total OR Time Cost 1. Malas MB, et al. TransCarotid Revascular		
Uality Initiative Surveillance Project. Ann Surg 2. Natasime C. Comescutinanse a C. And urveillance Project. Oral presentation at the Va	ery Revascularization (TCAR) versus	s Carotid Endanterectomy (CEA)

"Based on national survey average

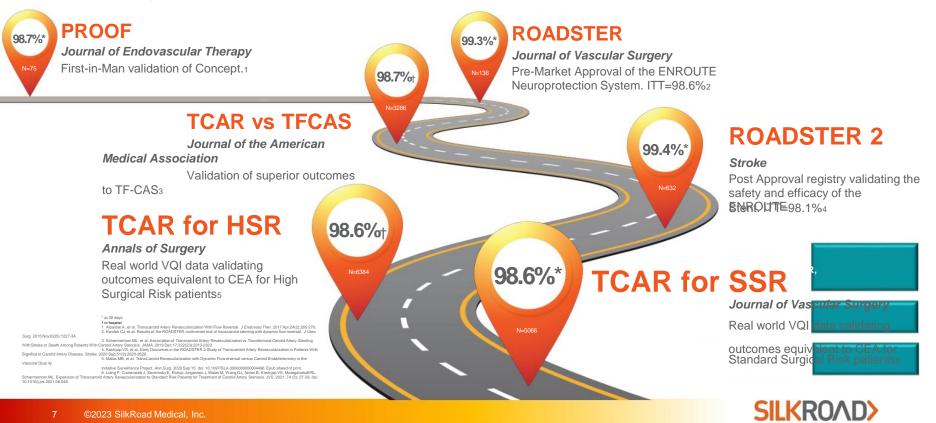


Local anesthesia is used more often with TCAR vs CEA²



TCAR Road To Standard of Care

Driven by Consistent Freedom From Stroke Rates*



PROOF Study TCAR – First in Man Experience

PROOF Study Safety Results _{1,2}	Result (n=75)	Study	Procedure	Embolic Protection	Patients	% w/ New DW-MRI
Subjects completing 30-day follow-up	71 (94.7%)	ICSS ₃	CEA	Clamp, backbleed	107	17%
Primary Endpoint: Composite of any major stroke, myocardial	0/71	PROOF ₂	TCAR	Proximal Flow Reversal	56	23%
infarction and death from the index procedure through the 30-day post-procedural period	(0%)	PROFI4	Transfemoral CAS	Proximal occlusion (MoMA)	31	(10%) Ipsilateral)
Minor stroke <i>Minor contralateral stroke adjudicated as not</i> <i>device or procedure-related</i>	1/71 (1.3%)	ICSS ₃	Transfemoral CAS	Distal filter	51	45%
Cranial nerve injury (Hoarseness)	2/71 (2.7%)	PROFI4	Transfemoral CAS	(various) Distal filter	31	73%
	× -7			(Emboshield)		87%

Pinter L, et al. Safety and feasibility of a novel transcervical access neuroprotection systemfor carotid artery stenting in the PROOF Study. J Vasc Surg. 2011 Nov;54(5):1317-23.

² Alpaslan A, et al. Transcarotid Artery Revascularization With Flow Reversal. J Endovasc Ther. 2017 Apr;24(2):265-270.

Bonati LH, et al. New ischaemic brain lesions on MRI after stenting or endarterectomy for symptomatic carotid stenosis: a substudy of the International Carotid Stenting Study (ICSS). Lancet Neurol. 2010 Apr;9(4):353-62.

⁴ Bijuklic K, et al. The PROFI study (Prevention of Cerebral Embolization by Proximal Balloon Occlusion Compared to Filter Protection During Carotid Artery Stenting): a prospective randomized trial. J Am Coll Cardiol. 2012 Apr 10;59(15):1383-9.



ROADSTER Study

Prospective, Multi-Center, Single-Arm Trial of TCAR in High Surgical Risk Patients with Carotid Stenosis - *Pivotal Results*

- **DESIGN:** IDE study with OPC of 11% S/D/MI at 30 days
- **OBJECTIVE:** Evaluate safety and efficacy of TCAR Procedure with ENROUTE Transcarotid

Neuroprotection System

- Direct carotid access
- High rate flow reversal
- FDA-approved carotid stents

• **CONCLUSION:** The results of the ROADSTER trial demonstrate that the use of the ENROUTE Transcarotid NPS is safe and effective at preventing stroke during CAS.

Demographics and 1	Technical Results
ROADSTER ROADSTER Pivotal ITT1 (n (n=141) (n=1,240)	CREST2CEA =141)
High Surgical Risk	Standard Risk

Age (mean)		72.9 ±9	69.2 ±8.7
Age ≥75		47%	<u> </u>
Female		35%	28.5%3
Symptomatio)	25.5%	33.6%
Local Anesth	nesia	53%	52.7%
Reverse Flor	w Time (median)	12.9 minutes	10.0%
			n/a



Slide

^{1.} Kwolek CJ, et al. Results of the ROADSTER multicenter trial of transcarotid stenting with dynamic flow reversal. J Vasc Surg. 2015 Nov;62(5):1227-34.

^{2.} Brott TG, et al. Stenting versus endarterectomy for treatment of carotid-artery stenosis. N Engl J Med. 2010 Jul 1;363(1):11-23.

Voeks JH, et al. Age and outcomes after carotid stenting and endarterectomy: the carotid revascularization endarterectomy versus stenting trial. Stroke. 2011 Dec;42(12):3484-90.
 Gray WA, et al. Overview of the 2011 Food and Drug Administration Circulatory SystemDevices Panel meeting on the ACCULINK and ACCUNET Carotid Artery Stent System. Circulation. 2012 May 8:125(18):2256-64.

ROADSTER Study

Prospective, Multi-Center, Single-Arm Trial of TCAR in High Surgical Risk Patients with Carotid Stenosis - *Pivotal Results*

S			
ROADSTER	PP (n=136)	ITT (n=141)	CREST ₂ CEA
	High Surgical Risk	High Surgical Risk	Standard Risk
S/D/MI*	2.9%	3.5%	4.5%
Stroke	0.7%	1.4%	2.3%
Death	1.5%	1.4%	0.3%
MI	0.7%	0.7%	2.3%
Stroke/Death	2.2%	2.8%	2.6%
Cranial Nerve Injury (CNI)	0.7%	0.7%	5.3%
CNI Unresolved 6 Months	0%	0%	2.1%4
"Hierarchical		Primary Endpoint	

Primary Endpoint

All stroke, MI & death at 30-days

1. Kwolek CJ, et al. Results of the ROADSTER multicenter trial of transcarotid stenting with dynamic flow reversal. J Vasc Surg. 2015 Nov;62(5):1227-34. 2. Brott TG, et al. Stenting versus endarterectomy for treatment of carotid-artery stenosis. N Engl J Med. 2010 Jul 1;363(1):11-23.



ROADSTER 2 Study

Post-Approval Study of Transcarotid Artery Revascularization in Patients With Significant Carotid Artery Disease – V. Kashyap MD; Stroke 2020

- **DESIGN:** Prospective, single arm, multicenter, post-approval study
- OBJECTIVE: Evaluate safety and efficacy of the TCAR Procedure with the ENROUTE Stent when used with the ENROUTE NPS and performed by a broad group of physicians with variable TCAR experience
- **CONCLUSION:** TCAR is a safe and effective procedure in a **broad user base** with varying TCAR experience levels. Excellent outcomes are achievable if you follow the protocol and society guidelines.

Demographics and Technical Results			
ROADSTER 2	PP (n=632)	ITT (n=692)	
Age ≥80	21.2%	21.1%	
Age ≥75 Female	41.8%	42.1%	
Symptomatic	32.3%	32.2%	
Local Anesthesia	26.3%	26%	
Reverse Flow Time (median)	28.3%	28.3%	
	10.9 minutes	11 minutes	



Slide

ROADSTER 2 Study

Post-Approval Study of Transcarotid Artery Revascularization in Patients With Significant Carotid Artery Disease – V. Kashyap MD; Stroke 2020

Clinical Results		
ROADSTER 2	PP (n=632)	ITT (n=692)
Procedural Success	97.9%	96.5%
S/D/MI*	1.7%	3.2%
Stroke	0.6%	1.9%
Death**	0.2%	0.4%
MI	0.9%	0.9%
Stroke/Death	0.8%	2.3%
Cranial Nerve Injury***	1.3%	1.4%

*Hierarchical

**One patient expired ~2 weeks post-procedure due to ruptured AAA

***Out of the 10 patients with CNI, 6 consented to an extended follow-up at 90 days. The CNI resolved in all 6 of those patients.

Kashyap VS, et al. Early Outcomes in the ROADSTER 2 Study of Transcarotid Artery Revascularization in Patients With Significant Carotid Artery Disease. *Stroke*. 2020 Sep;51(9):2620-2629.



Stroke Rate in the FDA Analysis Population (PP)



81% of Physicians were New to TCAR



Excellent Outcomes Achievable with Adherence to Protocol



Carotid Dilemma

- CEA vs TF CAS vs TCAR
 - How do we decide what to do for our patient?
 - CEA has higher risk of MI and CNI
 - TF CAS has higher risk of CVA
 - TCAR is <u>EQUIVALENT</u> to CEA in Stroke risk & Death but has lower risk of MI and CNI



CMS decision to Deregulate?
 On October 11th 2023

 CMS statement – facilities are no longer required to be approved to perform CAS under the Carotid Artery National Coverage Determination (NCD 20.7)



NCD 20.7 Reconsideration and Final Decision

Indications	B3. VQI-TSP* (No change)	B4. Carotid Stent Placement (Updated 10/11/2023)	B4. Carotid Stent Placement (Original thru 10/10/2023)
Clinical Criteria			
Surgical Risk Factor	Standard Risk & High Risk		High Risk
Symptom Status & Degree of Stenosis	 Symptomatic & ≥50% stenosis** Asymptomatic & ≥70% stenosis** 		Symptomatic & ≥70% stenosis
Additional Criteria			
Facility Requirements	Facility standards and approval	Facility and physician standards for carotid stent program	CMS facility approval and certification
Registry or Data Collection	Registry participation (VQI-TSP)	Not required for coverage	Data collection
Neurological Assessments	Not specified	Pre & post-op neurological assessments by a neurologist or NIHSS certified HCP	Not specified
Imaging Guidelines	Not specified	 Duplex US and CTA/MRA or Duplex US and DSA when non-invasive imaging is inconclusive or CTA/MRA are contraindicated 	Not specified
Shared Decision Making	Not specified	Shared decision-making with patients about CEA, CAS (including TCAR), and OMT before treatment	Not specified

Which Car Do You Want?



1954 Dr. Milligan Mobile AKA "CEA"



Which Car Do You Want?



1994 TF CAS



Which Car Do You Want?



2024 TCAR

